



# CHAMONIX-MONT-BLANC

SERVOZ - LES HOUCHES - CHAMONIX-MONT-BLANC - ARGENTIÈRE - VALLORCINE

## Practical guide

### Winter 2024-2025





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## Not to be missed!

### Welcome to Chamonix valley!

At the crossroad of Switzerland and Italy, Chamonix is the worldwide capital for skiing and mountaineering. Surrounded by its ski resorts spread out on the 4 sides of the valley, most part of the ski area is above 2000 m.

Discover the typical villages of the valley around Chamonix: Servoz, Les Houches, Argentière and Vallorcine !

### Also discover :

#### Aiguille du Midi



Glide up comfortably with the cable car into the high mountains, and reach an altitude of 3842 m (12604 feet)! After a 25 minutes journey, you will enjoy a spectacular view all around you over the Mont Blanc and the French, Swiss and Italian Alps.

**Audio guide app:** down load the Aiguille du Midi App on



## Discover:

**The Mont-Blanc wing:** enjoy an incredible panoramic view from inside, in a warm space, through vast glass windows, over Mont Blanc, Mont Maudit and Mont Blanc du Tacul!

Also discover great photos of mountaineers in action!

**The waiting area:** discover an incredible adventure of human and technological endeavor:

the construction of the cable car and its imposing machinery.

**The highest covered area:** this shelter built on the highest terrace at 3842 m gives you the opportunity to hide from the wind and the cold while enjoying a stunning view!

**The museum (“Espace vertical”):** like a temple dedicated to climbers, mountaineers and mountain adventurers.

It gives you a better understanding of the captivating high mountain world.

**The Step into the void:** an unforgettable experience!

More than 1000 m of emptiness beneath your feet in a 2m x 2m five-sided glass box!

**The Hypoxia platform:** discover how your body reacts to the lack of oxygen due to the altitude.

**The Tube:** this 32m long steel gallery allows you to make a complete tour of the central pillar of the Aiguille du Midi.





## Mer de Glace



Facing the Drus and the “Grandes Jorasses”, the Mer de Glace is the longest glacier in France.

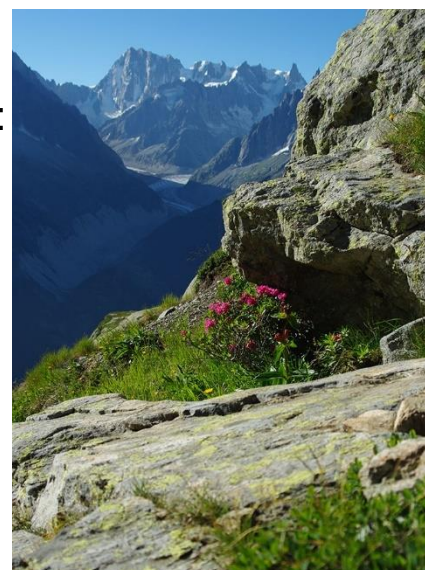
From Chamonix, enjoy a marvellous 25 minutes’ ride on board of the famous small red rack and pinion train up to Montenvers area at 1913 m.

### Also discover:

- **The "Glaciorium"**: this modern interactive space will give you a better understanding of how glaciers form, exist and evolve over the centuries.
- **The Ice Cave**: enter the entails of the glacier!  
**Beware: the access to the ice cave is to be made via a gondola partially adapted to people with reduced mobility (a few steps are to be found to access), then 200 steps to walk down.** At the bottom of the cable car, a large terrace allows you to enjoy plenty the view closer to the glacier.
- **The snowshoeing trails**:  
open according to snow conditions.

### Audio guide app:

down load the Montenvers – Mer de Glace app on:



## Mont-Blanc Tramway



A journey in a rack and pinion train up to Les Houches – St-Gervais ski area, as well as to a signed posted trail for a little walk with or without snowshoes!

Enjoy the panoramic view over the Bionnassay glacier, the Chamonix and Les Contamines valleys!

The Mont Blanc Tramway accepts people with reduced mobility on all its trains, but only one wheel chair per train.

Book several days in advance per E-mail at:

[caisses.tmb@compagniedumontblanc.fr](mailto:caisses.tmb@compagniedumontblanc.fr).

For further information about these areas, please contact:  
Compagnie du Mont-Blanc.

**Phone: 0033 4 50 53 22 75**

**Website: [www.montblancnaturalresort.com](http://www.montblancnaturalresort.com).**

# Weather forecast

## Mountain safety

**High Mountain office (OHM):** 0033 4 50 53 22 08  
[www.ohm-chamonix.com](http://www.ohm-chamonix.com)



Located on the second floor of “Maison de la Montagne” (Mountain House) opposite to the Chamonix tourist office. Free entrance.

It centralizes the information concerning conditions and safety in mountain areas.

You will appreciate the local geography thanks to a big relief map of the Chamonix valley.

**Mountain risk pole:** located on the same floor across the information area.

A place to get informed and warned about risks in the mountain. A visit to learn about the weather and global warming too.

Free entrance.

Daily open, except Sundays and on holidays, from 9am to 12pm and from 3pm to 6pm.

**Weather forecast bulletins**



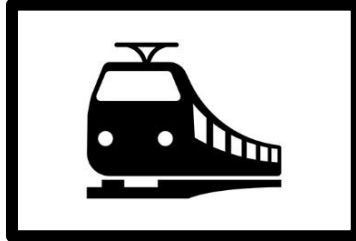
Displayed in Maison de la Montagne and at the tourist offices of the valley.

Weather forecast over 5 days: see also on [www.chamonix.com](http://www.chamonix.com).



# Getting around in the valley!

## By train with Mont-Blanc Express



The SNCF railway line serves all villages from Saint-Gervais-Le Fayet until Le Châtelard on the Swiss border, going through Servoz, Les Houches, Chamonix, Argentière and Vallorcine.

One train approximately every hour.

**Trains are free from or until Saint-Gervais-Le Fayet train station with the Mont Blanc Unlimited pass.**

If there are works on the railway line, buses instead of trains run between Vallorcine and Saint-Gervais-Le Fayet.

**Information at the railway stations or the tourist offices of the valley.**

## By bus



A regular urban transport serves the valley between Servoz and Le Tour villages.

Express bus lines allow you to go to the bottom of the ski areas with specific bus lines.

4-night buses run every day.

**Beware: some bus lines or time slots are to be booked over Chamonix Mobility**

Prices: online over Chamonix Mobility website or at the tourist offices of the valley.

Bus tickets can be bought online or at Chamonix Mobilité machines located:

- in Chamonix Sud, near Chamonix Mobilité's desk;
- at Chamonix tourist office;
- at Les Houches tourist office;
- at Rocky Pop Hotel in Les Houches;
- at the Youth Hotel in Chamonix.

**Free access to all buses with a ski pass during the day.  
The guest card holders will get reductions on the day bus passes (from 2 to 7 days).**

**For further information, contact Chamonix Mobilité:**

Phone: 0033 4 50 53 05 55

E-mail: [chamonix.mobilite@transdev.com](mailto:chamonix.mobilite@transdev.com)

Internet: [www.chamonix-mobilite.com](http://www.chamonix-mobilite.com)



This “**on-demand transport**” service grants people with reduced mobility the possibility of travelling through the whole Chamonix valley.

Reserved to:

- people with a disability greater than or equal to 80%;
- people with reduced mobility;
- sight-impaired people.

Access also possible to persons older than 70 years, living far away from a public transport line and having difficulty getting around on his/her own.

**Over Chamonix Mobilité App or over its website:** book at least 1 hour before taking the Mobil bus.

**By phone:** call Chamonix Mobilité at 0033 4 50 53 05 55, from Monday to Saturday, except on holidays, from 8am to 7pm.

**Beware:**

- **for a reservation between 6am and 8am, book before 7pm on the day before.**
- **for a reservation on Sunday or the following Monday, book at the latest on Saturday before 7pm.**

**Price:** annual rate of 10€.

**For further information, please contact Chamonix Mobilité:**

Phone: 0033 4 50 53 05 55

Internet: [www.chamonix-mobilite.com](http://www.chamonix-mobilite.com)

## By foot! Where to park?

The best way to enjoy stunning views of the panorama is to leave your car in one of the car parks of the valley.

You will get 1 hour free of charge on most Chamonix car parks, for example at the indoor Saint-Michel, Mont-Blanc and Entrèves car parks!

### In Chamonix:

- “Centre-ville” pay car park at the entrance of the town behind the Aiguille du Midi cable car, close to a bus stop;
- 3 underground pay car parks;
- 4 outside pay car parks.

### Information: Chamonix Parc Auto

- by phone at 0033 4 50 53 70 58
- at the entrance of Saint-Michel car park.

Brochure concerning the car parks available in all Tourist Offices of the valley.

### Two pay car parks located 200m away from the Chamonix Tourist Office have places for people with reduced mobility:



- **The Outa car park** (car park with barriers) has two places for people with reduced mobility.

To go and visit the Tourist Office from this car park, go on the path on the right side of these car park places, continue in front of the public toilets and then along the car park.

At the end of the car park, continue straight away on the pavement along the Mont-Blanc hotel and its restaurant “Le Matafan”.

You will find the Tourist Office just after the hotel on your left side;

- **The underground Saint-Michel pay car park** has places for people with reduced mobility on the 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> floors: access to these floors possible with a lift.  
To reach the Tourist Office from this car park, please go on the bridge located at the pedestrian exit of the car park,  
then go down on the access ramp on the left side of the church, continue straight away in front of the Mountain House (Maison de la Montagne) until a second access ramp.  
This ramp will directly lead you to the Tourist Office.

### **In Les Houches:**

Free car park in Le Tournet and at the bottom of Bellevue cable car.

A free car park place for people with reduced mobility is available in front of the souvenirs shop “Le Floch’on” located across the tourist office.

### **In Argentière:**

Les Fiz car park, a free car park at the very end of the village:

- on your right side at the exit of the village if you arrive from Chamonix
- on your left at the entrance of the village if you arrive from Vallorcine.

### **In Vallorcine:**

**a specific car park place for people with reduced mobility is to be found on the left side of the tourist office about 20 m away from the entrance door situated in front of the office. Vehicles with a visible handicapped sticker are allowed to stay for free on Le Buet car park, on the car park close to the cable car and on the one across the tourist office.**

## **Taxis and airport transferts**

List available on: [www.chamonix.com](http://www.chamonix.com)





# Accommodations



Chamonix Mont Blanc Valley offers a complete range of accommodation:

you will find hotels of all categories, Bed & Breakfasts, guest houses, camp sites, apartments and chalets for rental, holiday centers or holiday villages.

Get information from our websites:

**[www.servoz.com](http://www.servoz.com)**

**[www.leshouches.com](http://www.leshouches.com)**

**[www.chamonix.com](http://www.chamonix.com)**

**[www.argentiere-mont-blanc.com](http://www.argentiere-mont-blanc.com)**

**[www.vallorcine.com](http://www.vallorcine.com)**

Find there all updated availabilities and special offers.  
Book on-line!

Please also contact our booking service:

**Phone:** 0033 4 50 53 99 98 from Monday to Friday from 10am to 7pm and on Saturdays from 1pm to 6pm during the winter season.

**Email:** [booking@chamonix.com](mailto:booking@chamonix.com).

## The guest card (“carte d’hôte”)



**The guest card will be given to you for free by your accommodation provider at your arrival.**

It will allow you to take for free the Mont-Blanc-Express train in the valley between Servoz and Vallorcine.

With this card, you will also get discounts on 2 to 7 days bus passes as well as discounts at the swimming pool, the ice rink, for cross country skiing, in the museums of the valley, for car park subscriptions in the Chamonix underground car parks.

### **If you are hosted for free:**

You'll have the opportunity to buy this card for a week in the tourist offices of the valley.

Ask for the «Advantages of the Guest Card» brochure at the Tourist Offices of the valley!

### **Beware!**

**The free travel on the local train Mont-Blanc-Express is only valid for a journey beginning and ending in the Chamonix valley, between Servoz and Vallorcine.**

Outside this area, the SNCF (the French train line company) requires each passenger to have a valid ticket for the entire journey!

# Sports and leisure activities

## Outdoor activities

**Here are some ideas for activities beside downhill skiing:**

- Dog sledging,
- Ice climbing,
- Ski touring,
- Cross country skiing,
- Snowshoeing or walking on groomed trails,
- Paragliding,
- Taxi ski.

Possibility to have lessons with mountain sports professionals.  
Lots of activities are adapted to visually impaired persons.  
Qualified and experienced instructors can support you.

**Information in all Tourist Offices of the valley!**



### **Pedestrian and snowshoeing routes**

Pedestrian trails are groomed and signposted in the valley.  
There are also signposted trails for snowshoeing on Balme, Flégère, Le Prarion and Montenvers areas.

Ask for the trail map at the Tourist Offices of the valley.

For these activities outside of maintained way-marked routes, think of your safety and contact the mountain sports professionals.

### **Torch-light procession**

Ask for the program of the French Ski School (ESF)!





## Dog sledding

- **Huskydalen:**

**Phone:** 0033 6 84 99 34 67

**Web site:** [www.huskydalen.com](http://www.huskydalen.com)

Also contact the tourist offices of Chamonix and Les Houches.  
Get on a sledding ride!

- **Evasion Nordique:**

**Phone:** 0033 6 82 09 50 03

**Web site:** [www.evasion-nordique.com](http://www.evasion-nordique.com).

Discover driving a dog team or trapper evenings!



## Panoramic helicopter flights

- **Chamonix Mont-Blanc Helicopters:**

**Phone :** 0033 4 50 54 13 82

**Email:** [info@chamonix-helico.fr](mailto:info@chamonix-helico.fr)

**Website:** <https://www.chamonix-helico.fr/>

Panoramic flights over the Mont Blanc range starting from Argentière.

6 persons are necessary to plan a helicopter flight:

Chamonix Mont-Blanc Helicopters is at your disposal to organize groups with 6 people!

# Richard Bozon Sport Center

214, av. de la Plage in Chamonix

E-mail : sports@chamonix-mont-blanc.fr

## Swimming pool, sauna, steam bath:

0033 4 50 53 23 70

Short pants are not allowed!



## Tennis and squash:

0033 4 50 53 28 40



## Indoor skating rink: 0033 4 50 53 12 36



## Body building and fitness room:

0033 4 50 53 23 70

Sport clothes and towel required.

Free training or with the assistance of a coach. Fitness courses available.



## Indoor climbing wall:

0033 4 50 53 09 07

Surface: 180m<sup>2</sup>

Height: 3.60m

Holds: 800.

Climbing chalk not allowed.



## Outdoor skating rinks in the valley:

- **In Les Houches** (opening times depending on the weather conditions).

Free entrance but pay ice skate rental!

- **In Vallorcine:** one single entrance rate at 3€. Rental ice skate is additional.



**Further information available at the Tourist Offices of the valley.**



# Alpine Ski



Chamonix Mont Blanc valley includes:

- 4 large high altitude ski areas for downhill skiers of all levels;
- several ski resorts in the valley for beginners and easy ski.

## Ski resorts

### High altitude ski areas:

- Les Grands Montets ski resort



A mythic ski area on the northern face of the valley.  
The spot “par excellence” for off-piste skiing and free riding,  
**partially on a glacier**, open until the beginning of Mai.  
A great snow park, a filmed and timed boarder cross.  
A DVA park is also available there!

An **easy ski area** is open on “Plateau de Lognan”, but its access is only possible from the arrival of Plan Joran cable car over a blue slope.

Therefore, this area is not recommended to the very beginners for whom it will be easier to start below, on Les Chosalets beginner area, or, if this one is closed, on La Vormaine beginner area in Le Tour.

**No access to pedestrians as well as to snow shoeing walkers over the whole winter!**

## • Brévent – Flégère ski resort



«Sunshine» ski area facing the Mont Blanc range.  
The southerly slopes of this resort make it a favorite for sun-loving skiers.

### On **Brévent ski area**:

- 1 **beginner area** in Planpraz;
- 1 filmed and timed slalom stadium.

### On **Flégère ski area**:

- Mont Blanc Legend: free access. Games, barbecue, zip-line. Tables for picnic;
- 1 boarder cross;
- 1 timed speed piste.

Snowshoeing walkers will enjoy nice snowshoeing loops:

- 2 loops below the arrival of Flégère cable car;
- 1 loop at the arrival of Index cable car above Flégère.

- **Balme Le Tour-Vallorcine ski resort**



Skiing between high mountain pastures and forests on the Swiss border.

Access to this area:

- from Le Tour
- or
- from Vallorcine.

On this area, you will discover one of the biggest freestyle spaces of Europe!

On the Vallorcine side, Balme resort offers wide and gentle slopes through a forest of spruces.

**Further information concerning these resorts, contact  
Compagnie du Mont-Blanc:**

Phone: 0033 4 50 53 22 75

Email : [info@compagniedumontblanc.fr](mailto:info@compagniedumontblanc.fr)

Website: [www.montblancnaturalresort.com](http://www.montblancnaturalresort.com).

## • Les Houches ski resort



A large diversity of slopes and atmospheres around the legendary Kandahar downhill slope.

Access to the pistes:

- with Bellevue cable car;
- with Prarion cable car;
- from Col de Voza or Bellevue stations of Mont-Blanc tramway.

2 snowshoeing trails and one loop for cross-country ski (skating only) at the top of Prarion cable car.

**For children:** the **ski camp** is to be found after a 10 minutes' walk above the arrival of the Prarion cable car:

- Sledging slopes,
- Snowtubing runs according to snow conditions of the moment,,
- Zip wires.

**Car parks** at the bottom of Bellevue and Prarion cable cars.

**Wheel chairs are not allowed on Bellevue cable car!**

Wheel chairs are allowed on Prarion cable car as well as on the Mont Blanc Tramway (1 wheel chair per train – to be booked at [caisses.tmb@compagniedumontblanc.fr](mailto:caisses.tmb@compagniedumontblanc.fr))!

**Further information:** [www.ski-leshouches.com](http://www.ski-leshouches.com).

## Ski areas for beginners in the valley

- **La Vormaine: 0033 9 79 51 73 67**



A very sunny ski area with plenty of snow in Le Tour. Perfect for beginners and medium-level skiers. Ideal for children (day-care center from 3 years old) and for snowboarding beginners.

From there, enjoy a beautiful view over the glacier.

**Free car park** at the bottom of the ski area.

- **Le Savoy: 0033 4 50 53 22 75**



Right in the middle of ChamoniX, at the bottom of Le Brévent. Ideal slopes for beginners, especially children, served by 2 ski lifts and a moving walkway.

A day-care center from 3 years old children.

**Closest car park:** Saint-Michel pay car park.

- **Les Planards: 0033 4 50 53 08 97**



In the town center, the largest ski area for beginners and children!

4 slopes: 1 red, 1 blue and 2 green ones.

1 day-care center from 3 years old.

Bar and restaurant, ski school, sport shop.

**Pay car park** at the bottom of the ski area.



• **Les Chosalets: 0033 6 82 11 53 21**



At the foot of Les Grands Montets in Argentière.

2 drag lifts expect little and bigger beginners!

Snack bar at the bottom of the pistes.

Cross country tracks and groomed trails for walkers are to be found there.

**Free car park**, 5 minutes' walk away, at the roundabout below!

• **Le Tourchet: 0033 4 50 54 49 60**



In the heart of Les Houches village, next to the ice rink, this little ski resort has 2 drag lifts.

Great for learning skiing!

**Free car park** at the bottom of Le Tourchet!

• **La Poya: 0033 4 50 54 69 36**



Situated in the hamlet “Le Buet” in Vallorcine, this little family friendly ski resort is a real playground!

- 2 drag lifts,

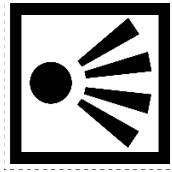
- 1 beginner's rope tow,

- 1 kiddie rope tow for little children!

**Pay car park** across this ski area, in front of Le Buet train station.

**All these ski resorts are accessible with public transportation.**

## Altitude restaurants



For a light snack or to taste specialties of the Savoy region, please find hereafter a non-exhaustive list of several restaurants with direct access from the lifts!

- **Montenvers / Mer de Glace area,**

**at the bottom of the « Vallée Blanche »:**

Restaurant of the Montenvers hotel: **0033 4 50 53 87 70**

Le Panoramique Mer de Glace : **0033 4 30 05 19 66** – non accessible to people with reduced mobility

Bar des Glaciers – Coffee shop: **0033 4 30 05 19 68.**

- **La Flégère ski area:**

L'Adret/ Foehn : **0033 4 50 55 34 88.**

- **Balme Le Tour-Vallorcine ski area:**

Le chalet de Charamillon, self restaurant: **0033 4 50 54 10 21.**

However, the access to this restaurant is difficult for people with difficulties for walking and impossible to people in a wheel chair.

- **Brévent ski area:**

La Bergerie de Planpraz at Planpraz: **0033 4 50 53 05 42**

Le Panoramic at Brévent: **0033 4 50 53 44 11.** No access to people with reduced mobility.

- **Les Grands Montets ski area:**

La table de Plan Joran, restaurant: **0033 4 50 54 05 77.**

Access to skiers and snowboarders only.

- **Aiguille du Midi area:**

Le 3842 – restaurant and snack: **0033 4 50 55 82 23.**

No access to the restaurant for people with reduced mobility.

• **Les Houches ski area:**

Hotel du Prarion restaurant: **0033 4 50 54 40 07** – Access to pedestrians and skiers;

La Chalette: **0033 6 68 91 31 85** – Access to pedestrians and skiers;

La Rioule: **0033 4 50 18 03 90** – Access to pedestrians and skiers;

Col de Voza snack: **0033 4 50 54 44 6585** – Access to skiers;

Bellevue Hotel: **0033 6 80 66 81 2185** – Access to pedestrians and skiers.

**None of these restaurants and cafés are accessible to people with reduced mobility.**

## Ski schools



Lessons for skiing, snowboarding, freeriding, speed riding, are provided for groups and individuals of all levels!

**Some instructors are specially trained as Handiski instructors for people with visual impair or disabled people.**

**In ski-chair, ski-kart, come and ski whatever your handicap!**



## Associations to assist people with a disability:

- **Sit N' Ride**

Association located in Vallorcine in direct contact with Maison des Guides (guide company) of Vallorcine.

Some mountain guides are trained to assist people with a disability.

It is possible to borrow material over this association: tandem paragliding flight, uniski and dualski.

**Contact:**

**Phone: 0033 6 73 72 06 17.**

**Internet website: <https://www.facebook.com/sitnride/about>.**

- **Loisirs Assis Evasion**

**Their goal:**

Allow **most possible people with a disability** (mobility, mental, sensory disabilities, older people...) to enjoy activities in the mountain **within a specialized structure**: seated ski, tandem ski, solo or tandem paragliding flight.

**Contact :**

**Phone : 0033 6 73 39 81 78**

**Internet website: [www.loisirs-assis-evasion.com](http://www.loisirs-assis-evasion.com).**



- **My Line**

Professionals with an adapted physical activity

My Line accompanies people with an invisible, motor, visual, hearing, mental or multiple disability, or suffering from an illness, as well as their family, to find a adapted sport activity in the Chamonix valley.

From 3 years old.

Here are some examples: small walks, hikes, climbing, adapted volley ball, adapted badminton, danse, bike, yoga, adapted ski.

**Contact: Website: [www.my-line.fr](http://www.my-line.fr)**

**Email: [accueil@my-line.fr](mailto:accueil@my-line.fr)**

**Phone: 0033 6 68 00 23 04**

## Ski passes



- **“Chamonix Le Pass”**

Valid on all Chamonix ski resorts, between Le Tour / Vallorcine and Chamonix, between 1.000m and 2.700m.

**Validy area:**

In the mountain:

- Balme Le Tour – Vallorcine
- Les Grand-Montets
- Brévent-Flégère.

Beginner / easy ski areas:

- La Vormaine
- Les Chosalets
- Le Savoy
- Les Planards.

✓ *Free access to bus lines in the whole valley.*

## • “Mont-Blanc Unlimited” pass

Valid on:

- all ski resorts of the valley,
- the Aiguille du Midi cable car,
- the Montenvers train,
- the Mont-Blanc Tramway.

**With a 2-days or more pass, on presentation of a currently-valid Mont Blanc Unlimited pass and the proof of payment:**

- Free and unlimited access to the Courmayeur ski resort in Italy;
- Free access to the Skyway in Italy.  
5€ deposit for the key-card;
- Access to the “Evasion Mont-Blanc” ski area : Megève, Saint-Gervais, Les Contamines and Les Portes du Mont-Blanc ;
- 1 free access to Crans-Montana ski resort in Switzerland;
- Reduction at the entrance of the Mont Blanc tunnel on the price of the one-way tickets for light-duty vehicles;
- A better fare on a bus return ticket Chamonix – Courmayeur used on the same day

**With a 3 to 21 days Mont-Blanc Unlimited ski pass:**

- Free access, once a day and per activity, to :
  - . the swimming pool, sauna and hammam in Richard Bozon sport center in Chamonix,
  - . the ice-skating rinks of Chamonix and Les Houches,
  - . the museums;
- Free access to the cross-country ski resorts of the whole Chamonix valley;
- Reductions at the cinema Vox in Chamonix;
- 1 free access to the 4D cinema at the bottom of Aiguille du Midi cable car.



**Free access to:**

- ✓ **bus lines in the Chamonix valley;**
- ✓ **Mont Blanc Express trains to or from Le Fayet:**

**Please show up at the train station or go and see the train controller with your Mont Blanc Unlimited pass and your payment confirmation (cash desk ticket or E-mail confirmation) before going up in the train in order to get a valid train ticket.**

**Specific buses from Compagnie du Mont-Blanc run between Chamonix and Megève to get access to Megève ski resort: book and pay online your journeys over: [www.altibus.com](http://www.altibus.com).**

**If you want to ski only on the Bellevue-Prarion ski resort in Les Houches, you can buy a pass for Les Houches ski resort alone!**

- **Les Houches ski pass**

Access to the ski resort of Bellevue-Prarion only.  
Free access to the intern Les Houches bus line.  
For further information: [www.ski-leshouches.com](http://www.ski-leshouches.com).

**Reduced fares if you show up with a disability card at the cash desk at the bottom of the cable cars:  
50% discount on the one-day Chamonix Le Pass, Mont Blanc Unlimited or Les Houches ski passes, as well on the excursion return tickets.**

**Same discount for the accompanying person if his/her presence is required, apart from Montenvers train.**

## In town

### Shops and services

Brochure on request at the Tourist Offices of the Chamonix valley.

### Open air markets

- In Chamonix:
  - Every Saturday morning on Place du Mont-Blanc,
  - Every Tuesday, except in November, from 4.45pm to 7pm on the Carrefour Market car park: sale of a local made bread;
- In Les Houches:
  - Every Monday morning during the Christmas and February French holidays in front of the Tourist Office,
  - every Wednesday from 2.30pm to 6pm in “Pain de Chibon”: market with local farmers.

### Casino



Place de Saussure in Chamonix. Phone: 0033 4 50 53 07 65  
Open every day from 10am to 3pm.

**Identity cards must be shown at the entrance of the casino.**

### QC Terme Spas and resorts



480, promenade du Fori in Chamonix

Phone : 0033 4 58 38 01 10

SPA and wellness center open every day for people over 14 years old.

**On booking only:** [www.qcterme.com](http://www.qcterme.com).

Massages also possible on booking.

## Cinema



**Cinéma Vox:** 22, Cour du Bartavel in Chamonix.

- ✓ 3 rooms equipped with numeric sound and 3D,
- ✓ Equipment for hearing impaired people,
- ✓ Entrance tickets available from a machine at the cinema entrance,
- ✓ free car park if car park ticket (from Saint-Michel and Mont Blanc car parks) is showed!
- ✓ Films in French and original versions with French subtitles.

**Program on answering machine at:** 0033 4 50 53 03 39.

Information at : 0033 4 50 55 89 98.

[www.cinemavox-chamonix.com](http://www.cinemavox-chamonix.com).

**Ciné-Club:** Place de la mairie in Les Houches

Every 2 weeks.

Program at Les Houches tourist office.

## Night life



Concerts, events, night clubs and bars, video bars and night restaurants:

The EMC2 concert room, the Caves, the Janssen Cocktail bar, Epsilon, the Quartz Bar, the Amnesia.

# Culture

- Musée



## Musée alpin

89, avenue Michel Croz. 0033 4 50 53 25 93

Discovery of the Mont Blanc cultural heritage.

**Closed for works until December 2025!**

## Cristal museum (Espace Tairraz)

Parvis Saint-Michel Chamonix. 0033 4 50 55 53 93

Presentation of crystals from Mont Blanc massive, the Alps and the whole world: 1800 pieces exhibited!

**Reduced fare for disabled people on production of a disabled card.**

**Opening times:** every day, except Mondays, from 2pm to 6pm as well as from 10am to 12pm during the French school holidays.

## Local heritage center

90, rue des moulins Chamonix. 0033 4 50 54 78 55

**A house dedicated to the local heritage.**

Open and living place, the local heritage center is made to allow each one to appropriate the local heritage of the Chamonix valley.

**Temporary exhibition:** “the invention of the winter Olympic games”.

**Reduced fare for disabled people on production of a disabled card.**

**Opening times:** Thursdays to Saturdays from 2pm to 5.30pm as well as from 10.30am to 12pm during the French school holidays. Opening from 2.30pm to 5.30pm on Sundays.

## La Maison de l'Alpage

Le Bouchet – Servoz: 0033 7 78 24 96 77

Information and discovery area for the whole family. It is related to the contemporary interpretation of the local mountain agriculture.

**Free entrance.**

**Opening times:** this exhibition can be seen from mid-December to mid-April when the tourist office of Servoz is open.

## Musée montagnard

2, place de l'Église – Les Houches. 0033 4 50 55 18 68

In a house from the 1750, the mountain life styles are presented through the reconstitution of the traditional housing environment and the display of objects used on daily basis.

**Reduced fare for disabled people on production of a disabled card.**

**Opening times:** During the French school holidays Wednesdays, Thursdays and Fridays from 2pm to 6pm.

## Maison du Lieutenant

223, Le Mont – Servoz. 0033 4 50 54 39 76

In the heart of a historic building, discover an interpretation center on mountain agriculture, its environment, its products and its know-how.

**Free entrance.**

**Permanent exhibition:** "Mountain Farming, the Heart of the Territory"

**Opening times:** Information at the tourist offices of the valley.

## Museum pass: 15€

A year unlimited access to all museums of the valley:

- Espace Tairraz,
- Maison de la Mémoire et du Patrimoine,
- Musée Montagnard,
- Maison de l'Alpage,
- Maison du Lieutenant,
- Maison de Barberine in July and August.

## • Visits



### Guided heritage tours

During the winter season, discover the fabulous history of Chamonix!

For individuals: every Tuesday morning at 10 am.

Information and booking at the tourist office of Chamonix or by phone at: 0033 4 50 53 00 24.

Groups and coach tours parties on request:

[visitechamonix@hotmail.fr](mailto:visitechamonix@hotmail.fr)

### Christine's cultural tours

Christine is a Ministry of Culture-registered heritage guide.

She leads groups on guided tours on different themes.

Visits in French language.

Information and booking: 0033 6 07 21 51 90

<https://www.blogdechristineachamonix.fr/>

[contact@visites-guidees-74.fr](mailto:contact@visites-guidees-74.fr)

### Teresa's photo walks

The photographer Teresa Kaufman takes you on little-known and unusual discovery walks.

Experience and photograph traditional life in the Chamonix Valley, its unique neighborhoods, and typical hamlets.

Information and booking at: 0033 6 08 95 89 42.

[www.teresakaufman.com](http://www.teresakaufman.com).

## The heritage walks by Sophie







Savoie Mont-Blanc Heritage Guide, Sophie offers a range of heritage walks for all publics, individuals, families, groups or schools, on several themes around the incredible history of the Chamonix valley and the richness of its heritage.


Information and booking at: **06 83 37 66 54**


[www.balades.patrimoine.free.fr](http://www.balades.patrimoine.free.fr)




# Emergency numbers

- **Fire brigade: 18** 
- **SAMU (Mobile emergency medical service): 15** 
- **International emergency services: 112** 
- **PGHM (Mountain rescue service): 0033 4 50 53 16 89** 
- **Ambulances (non-emergency): 0033 4 50 53 46 20** 
- **Emergency department at Chamonix Hospital: 0033 4 50 53 84 00 or 0033 4 50 53 84 20.** 

509, route des Pèlerins.  
Open every day from 8am to 8pm from the beginning of the French school Christmas holidays until the end of April.  
**When the Chamonix hospital is closed, contact the emergency department at Sallanches hospital: 0033 4 50 47 30 50**
- **Pays du Mont-Blanc Hemodialysis and nephrology centre:** 

384, route de l'hôpital in Sallanches : **0033 4 50 53 22 00**
- **Emergency number for death and hearing impaired people: 114.** 

## Nights, Sundays and public holidays

\* Doctor on Duty: 15 

\* Dentist on Duty: 0033 4 50 66 14 12 

### In the Chamonix valley:

general practitioners and specialists like dentists, nurses, physiotherapists, osteopaths, gynecologists, psychiatrists, speech therapists, chiropractors, chemists, veterinarians.

→ A detailed list is available on request at the Tourist Offices of the valley.

## **Servoz Tourist Office**

Maison de l'Alpage – Le Bouchet - 74310 Servoz

Phone: 0033 4 50 47 21 68

[info@servoz.com](mailto:info@servoz.com)

[www.servoz.com](http://www.servoz.com).

## **Les Houches Tourist Office**

Place de la mairie - 74310 Les Houches

Phone: 0033 4 50 55 50 62

[info@leshouches.com](mailto:info@leshouches.com)

[www.leshouches.com](http://www.leshouches.com).

## **Chamonix-Mont-Blanc Tourist Office**

85, place du Triangle de l'Amitié

74400 Chamonix Mont-Blanc

Phone: 0033 4 50 53 00 24

[info@chamonix.com](mailto:info@chamonix.com)

[www.chamonix.com](http://www.chamonix.com).

## **Argentière Tourist Office**

24, route du Village – 74400 Argentière

Phone: 0033 4 50 53 02 14

[argentiere.info@chamonix.com](mailto:argentiere.info@chamonix.com)

[www.argentiere-mont-blanc.com](http://www.argentiere-mont-blanc.com).

## **Vallorcine Tourist Office**

183, route des Confins du Valais -74660 Vallorcine

Phone: 0033 4 50 54 60 71

[info@vallorcine.com](mailto:info@vallorcine.com)

[www.vallorcine.com](http://www.vallorcine.com).

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